



FEES

€160,-. Fees include lodging, meals and seminar participation.



REGISTRATION

Please send an email to Jordi Wiersma, wiersma.jordi@gmail.com.



Please feel free to contact Jordi (06-33793880) for any further information.



LOCATION

Conference Centre Zonnewende
Tilburgseweg 54, Moergestel (NL)
(www.soka.nl)

THE ORGANIZATION

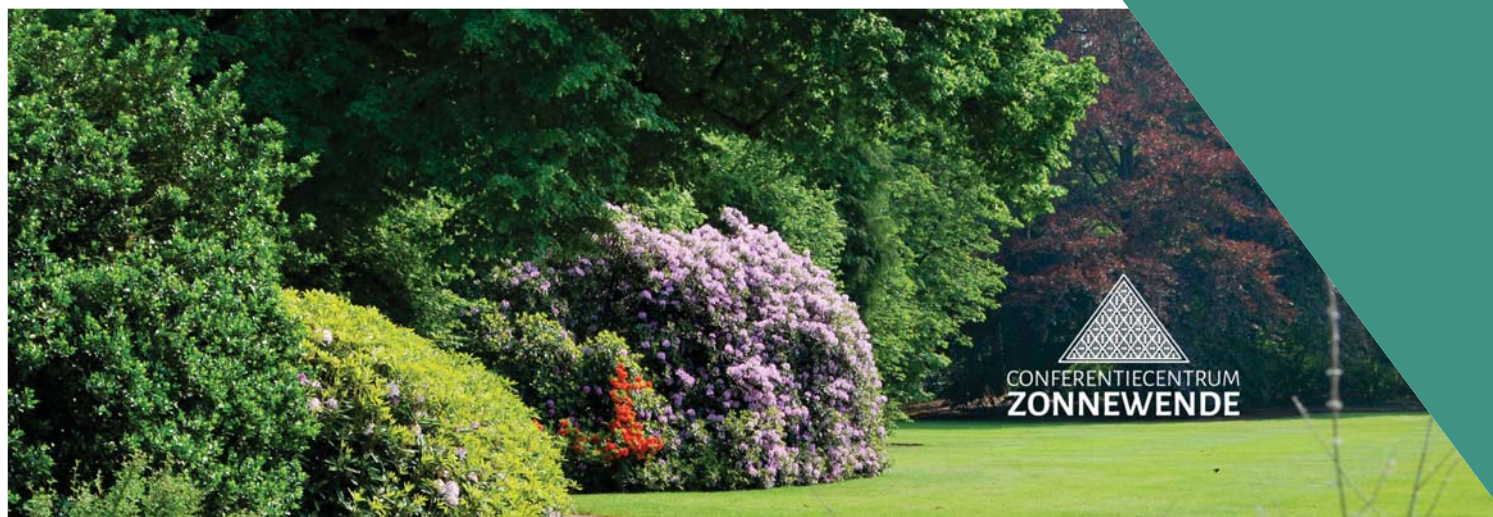
This seminar is an initiative of *De Oude Gracht Foundation*, whose spiritual activities are entrusted to Opus Dei, a personal Prelature of the Roman Catholic Church. *De Oude Gracht Foundation* draws its values from the Christian tradition. It emphasises the intrinsic rights, dignity and unity of life of every person. Its seminars aim to help men in finding their happiness in life and at the same time, combining responsibilities as fathers, husbands, friends and partners at home as well as colleagues at work.



Successful Leadership: How to Balance Professional, Family and Personal Life

*Personal invitation for a weekend
of learning, inspiration and
personal growth*

March 22nd and 23rd, 2019





CONTENT OF THE WEEKEND

The objective of this course is to help the participants think deeply about the challenge of leadership, in particular about the question how to find a balance between professional, family and personal responsibilities. In other words, how can I be a good professional, father, husband, citizen all at the same time?

For this purpose, *De Oude Gracht Foundation* invited Prof. Nuria Chinchilla, a leading scholar in this domain. In interactive sessions, Prof. Chinchilla will discuss various cases from real-life. Furthermore, she will offer some insights from the latest state-of-the-art research on work-life balance.

Furthermore, two informal sessions will be held by professionals who will reflect on their experiences in life.

The aim of the seminar is that participants leave after having experienced some deep and personal reflection.

THE PARTICIPANTS

This seminar is open to people from all backgrounds. Regardless of religious beliefs or convictions, participants are able to share their values in an open-minded atmosphere and interactive way in which everyone wants to learn from each other. During the seminar, there will be plenty of opportunity for self-reflection and discussion among like-minded professionals.

THE SPEAKERS

Nuria Chinchilla is professor at IESE Business School in the Managing People in Organizations Department and director of the International Center on Work and Family. Educated as an economist and lawyer, she holds a PhD in Management from IESE.

Her areas of specialization include women and power, family-responsible organizations managerial competencies, career and time management, interpersonal conflict and not-for-profit organizations.

Prof. Chinchilla is a business and government consultant and member of several advisory boards such as the VIP Advisory Board of European Professional Women's Network (EPWN).

She is also a frequent guest speaker at European, American and African Universities and international conferences, as well as visiting professor at business schools such as IPADE in Mexico, ISE in Brazil, INALDE in Colombia, IDE in Ecuador, PAD in Peru, ESE in Chile, IAE in Argentina, IEEM in Uruguay, Lagos Business School in Nigeria and Strathmore University in Kenya.

Prof. Chinchilla was named "Best Manager of the Year" by the Spanish Federation of Executive Women

She is also co-author of several books, such as *Owners of our Destiny: How to Balance Professional, Family and Personal Life* (Ariel 2007), *Being a Family-Responsible Company: Luxury or Need?* (Pearson Prentice Hall 2006), *Female Ambition: How to Reconcile Work and Family* (Palgrave 2005).



Prof. Chinchilla speaks seven languages. She is married and the mother of one daughter.

One life story will be held by **Hans van Kesteren** (1952) who has had a 36 years international career with Shell in Finance and IT after working for the United Nations. His latest role in Shell was as the Global Functions CIO. He worked in Swaziland, Italy, The Netherlands, Brunei, the UK and Gabon. As a retiree he now works for ICCO, an International Development Aid Agency, Laudame Financials providing backup for financial experts in the Dutch market and for the local Church in charge of finance matters. He is married with Gina since 1975, has 3 sons and 7 grandchildren.

Another life story will be given by **David Sampietro** (1980). David holds an MBA-degree from the Instituto de Estudios Bursatiles, Madrid. Currently, he holds a Principal Project Manager position within the North Atlantic Treaty Organization (NATO) at the NCI Agency. Previously he worked in Management Consulting within the Supply Chain practice. He is married and has three children.

FRIDAY MARCH 22nd

15.00-15.30	Arrival/Check-in
15.30-16.00	Introduction by chair
16.00-18.00	Seminar 1 by Nuria Chinchilla
18.30-19.15	Dinner
19.30-20.45	Life story by David Sampietro
20.45	Drinks and networking

SATURDAY MARCH 23rd

08.15 - 08.45	Breakfast
09.00 - 10.45	Seminar 2 by Nuria Chinchilla
10.45 - 11.15	Coffee break
11.15 - 12.00	Making your individual action plan
12.00 - 13.30	Life story by Hans van Kesteren
13.30 - 14.30	Lunch buffet
14.45 - 15.30	Conclusion: gathering insights

